

## ABSTRACT OF THE DISCLOSURE

A skate frame (20) for an in-line skate (18) having a shoe portion (22) and a plurality of wheels (24) capable of traversing a surface. The skate frame includes an elongate structural member comprised of a structural material having a first average  
5 density. The structural member having first and second sidewalls (62 and 68), each having an upper end and a lower end. The structural member also includes a shoe mounting portion (50) spanning between at least a portion of the upper ends of the sidewalls. The first and second sidewalls having a wheel load introduction portion (58), wherein loads associated with the wheels are transferred to the structural member. The  
10 shoe mounting portion having a shoe load introduction portion, wherein loads associated with the shoe portion are transferred to the structural member.